

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
		10:00 - 11:15 YOGA für den RÜCKEN ab WINTER (Level 1,2,3)		10:00 - 11:15 YOGĀNANDA FLOW (Level 2,3)		10:00 - 11:15 SUNDAY YOGA (Level 1,2,3)
					11:00 - 12:30 ASHTANGA (Level 2,3 1x im Monat)	
18:00 - 19:15 YIN & YANG (Level 1,2,3)	18:00- 19:15 YOGĀNANDA FLOW (Level 1,2)		17:00 - 18:15 MEDICAL YOGA (Level 1,2,3)			
18:00 - 19:15 YOGĀNANDA FLOW (Level 2,3)	18:00- 19:15 YOGA ON BEAT ab NOVEMBER (Level 2,3)	18:30 - 19:45 YOGĀNANDA FLOW (Level 2,3)	18:30 - 19:45 HATHA & YIN (Level 1,2,3)			
19:30 - 20:45 YOGA&GONG (Level 1,2,3)						